



HIV Then



HIV Now

“ HIV hasn't stopped me from doing everything I ever wanted to do.

Michael's Story

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Getting educated on the facts about what it means to be HIV-positive empowered me. Connecting to other people living with HIV was invaluable. Their experience, strength, and hope inspired me so much. It helped me to think that if they can live amazing, successful lives, then maybe I could too.

HIV hasn't impeded my life like I thought it would and HIV hasn't stopped me from doing everything I ever wanted to do. I always wanted to do a triathlon. So I did.

**To hear Michael's full story
and learn about HIV visit:**

MyHealthisSexy.com

**Call to meet with a health
outreach nurse Mon - Fri at:**

1-866-778-7736



First Nations Health Authority
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